



INTRODUCTION



- Participation Waiver
- Tryout Information Form
- Financial Agreement
- Official Birth Certificate (New Athlete)

LEVEL / TEAM PLACEMENTS:

Following the skills assessment day athletes will be placed into a level practice group. Athletes will practice within these level groupings for six weeks for athletes that are assessed in JULY. This is when stunting abilities will be assessed.

Following level practice weeks, staff will determine team placements with the highest success of the season in mind. Each athlete will be placed on a team regardless of experience.

Team placements may be adjusted throughout the year based on athlete performance and team needs.

Athletes may be asked to be a cross-over or be an alternate. This does result in additional fees so we always ask first. Crossover = Participate on two teams Alternate = Potential fill-in for another team.



ABOUT US:

RXA is a brand new gym opening this year! RXA is 2250 sqft. Located in Murfreesboro, TN. The owner of the gym is Madison Nowacki. She has cheered all different levels of competitive cheer as well as coached! We are excited to welcome you to our first season!

ASSESSMENT CLINICS/LEVEL PLACEMENTS:

RXA strives to make the tryout and level placement process transparent, smooth, and FASYI

Assessment Clinics - Assessment clinics are not required but provide an opportunity to work with our staff, get comfortable in the facility, and get advice on what skills athletes should perform during their level assessment.

Level Placements - The level placement process is designed to be as stress-free as possible. Athletes will demonstrate their jumps and tumbling for level placement. Please view or rubric to see what skills are in each level

IMPORTANT DATES:

Tryouts Clinics: June 14th <u>OR</u> June 15th Level Evaluations: June 20th-June 23rd Athlete Signing Day: June 23rd Elite Camp: July 8th - July 11th Team Choreography: Aug 12th-23rd (team dates TBA)



PROGRAM COMPARISON & COST

PROGRAM SELCTION	AGE	SEASON	PRACTICE HOURS P/WEEK	TUITION	UNIFORM COST	TRAVEL	ELIGIBLE
ALL-STAR ELITE - LEVELS 1-5	5-18	July-June	6+	\$300	\$500	YES	Regional/ D2 SUMMIT
ALL-STAR Prep Level	4-18	July-June	6+	\$225	\$500	YES	Regional Summit
All-Star Novice	4-18	July-June	2-4	\$150	\$150	Local	Regional Summit
Intro To Cheer	4-18	July-Jan	1-2	\$150	Included	NO	Showcase
All-Star Tiny Tiny	2-4	July-Jan	1-2	\$100	\$150	NO	Showcase

Prices listed above do not include all fees associated with the seasons

TUITION:

Before considering competitive cheerleading, please consider the financial commitment involved. Removing athletes due to lack of payment negatively impacts the team and the athlete. Tuition will be paid monthly from the 1st month of the season through the last month (season months listed above). Tuition payments will be run through our automated system and processed on the first of every month. Missed payments could result in the temporary postponement of your athletes participation until the athlete account is up to date. Tuition is set and will not be prorated for any reason.

All Star Novice	
CheerFUNdamentals	

DISCOUNTS:

Siblings will receive 10% off their second/third/fourth child's tuition for All-star teams.

ASSESSMENTS:

Assessments are fees that the gym pays to outside vendors. Assessments include: summer camp, athlete pass for competitions, music, choreography, practice apparel, uniform & team bows. *Warm ups, and backpacks are not included and are to be purchased separately.

Assessment payments (the additional items listed) will be run through our automated system on the 15th of every month. Several different payment options are available.

Travel expenses are not included within assessment fees. Families will be responsible for arranging and paying for all travel expenses to away competitions.

Summit and Worlds fees are separate and will be assessed and communicated upon receiving a bid.

PRICES LISTED WITHIN THE COST SHEET



*Program Uniform Female - \$500 *Program Uniform Male- \$305 •Travel(VARIES)-HOTEL/TRANSPORTATION

*Competition Bow - \$45

•Warm Ups (optional) - \$150

•Royalty Xtreme Backpack (OPTIONAL) - \$130

*Practice Wear(2 sets):\$160

*WHITE Cheer Shoes- \$125

*Makeup Kit - approx. \$60

•Jersey:\$125(optional)

*Choreography(TBA)

*Athletes Competition Card:\$500

ALLSTAR ELITE



*Program Uniform Female - \$380

*Program Uniform Male- \$305

•Travel(VARIES)
HOTEL/TRANSPORTATION

*Competition Bow - \$45

•Warm Ups (optional) - \$150

•Royalty Xtreme Backpack (OPTIONAL) - \$130

*Practice Wear(2 sets):\$160

*WHITE Cheer Shoes- \$125

*Makeup Kit - approx. \$60

•Jersey:\$125(optional)

*Choreography(TBA)

*Athletes Competition Card:\$450

ALLSTAR PREP



*Program Uniform Female - \$340
*Program Uniform Male- \$305
•Travel(VARIES)HOTEL/TRANSPORTATION
*Competition Bow - \$45
•Warm Ups (optional) - \$150

•Royalty Xtreme Backpack (OPTIONAL) - \$130

*Practice Wear(1 set):\$80

*WHITE Cheer Shoes- \$125

*Makeup Kit - approx. \$60

•Jersey:\$125(optional)

*Choreography(TBA)

*Athletes Competition Card:\$350

ALLSTAR NOVICE



*Program Uniform Female - \$150

*Program Uniform Male- \$150

*Competition Bow - \$30

•Warm Ups (optional) - \$150

•Royalty Xtreme Backpack (OPTIONAL) - \$130

*Practice Wear(1 set):\$70

*WHITE Cheer Shoes- \$125

*Makeup Kit - approx. \$60

•Jersey:\$125(optional)

ALESTAR TINY TINY



Signing day is not a MANDATORY event but is highly encouraged. Athletes will get their practice gear, sign the acceptance of a position on the team, and ensure they and their families have joined the Team and Gym Band.

Athlete signing day is a fun experience for all athletes as they get to meet their official teammates, get great photos, and overall capture the fantastic excitement of being placed on the teams they will find success on all season! It will be a royal party!

SCHEDULE:

Prep Cheer - 1 pm - 2 pm Novice - 1 pm - 2 pm Tiny P&P -3 pm - 4 pm Level 1 Elite - 5 pm - 8 pm Level 2 Elite - 5 pm - 8 pm Level 3 Elite - 5 pm - 8 pm

PARENTS ON SIGNING DAY:

Please come prepared to complete all of your registration paperwork if it has not been completed. Athletes who have not made their initial payment toward the season will not be able to order uniforms or receive their practice gear at signing.

Additionally, we want you to take part in the process, Celebrate your athletes placement, join all of the team Band groups so you do not miss out on communication, and ensure all of your contact information is correct.

Signing day is the first step in being fully set up for success all season!

*Athletes who have not completed paperwork, have a card on file, and made their tuition/installment payment will not be allowed to practice.



PRACTICE:

All teams will have set practice days which typically remain consistent throughout the season and are only changed based on certain circumstances. Practice days and times will be set following team placements.

Attendance is crucial to the success of any team. Every athlete will be allowed four absence/missed practices per season starting on Sept 1st.

Every unexcused absence following will risk losing spot(s) in the routine. It will be at the discretion of the Program Director to grant exceptions for extenuating circumstances.

VACATIONS:

Please work to plan your family vacations around the gym schedule whenever possible, we work hard to give you the gym closures early. If you are taking a vacation for spring break, try to take it the week we are closed so you do not interfere with your team. When the competition schedule is released, please understand that this is what the entire team works for all vear and an absence/miss the week of an event is detrimental to the team, and may result In your athlete being replaced for that event.

SUMMER SCHEDULE:

Closure Dates: July 3 & 4th, Sep 5th & 15th June 20th - June 23rd - Evaluations/Team Placement

July 1st - July 8th - Summer Break

July 15th - Uniform Fitting

September - 3 times a week, practices begin for Elite Teams, and practices are mandatory.

ATHLETE POLICIES



REQUIRED CLASSES:

In order to ensure the most comprehensive training and appropriately leveled competitive teams, it is required that some athletes take additional classes. The cost of these additional classes will be the responsibility of the athlete's family but will be assessed at the discounted rate for Royalty Xtreme Athletics team members.

Tumbling

If the athlete is not meeting the medium range requirements for tumbling in accordance with the RXA Rubric, the athlete will be <u>required</u> to enroll in either one tumbling class per week <u>OR</u> two monthly privates through RXA until that athlete is within range for tumbling.

Flyers

All flyers are <u>required</u> to attend one weekly flexibility class at no additional cost to the athlete for the duration of the season

If the athlete is a flyer and is unable to perform the stunting/flexibility skills within the teams' choreography, the athlete will be required to enroll in either one flying/flexibility class per week <u>OR</u> two monthly privates with a stunting coach through RXA.

INJURIES:

If an injury should occur, it is the responsibility of the parent to seek professional help. A physicians evaluation/documentation of the athletes injury and/or status must be provided to the coach. An athlete with a serious injury will only be allowed to return to activity with a release form from a medical professional. Please notify head coach of any injury that requires medical attention

UNIFORM / ATTIRE:

RXA clothing and uniforms must be kept in good condition. Please report any lost or damaged uniform items to your coach. The cost of replacement will be the responsibility of the athlete.

Athletes are required to wear assigned practice clothing and bows to each practice. Athletes cannot have any piercings and or jewelry in for practice or competition. Please be mindful of this when thinking of getting new piercings. Bandaids and clear space holders still count.

TRAVEL COMPETITIONS:

During the competition season, athletes are required to travel to events. Some athletes will travel to national events out of the state. In this case, a separate rule sheet is handed out closer to the time of the competition. Transportation to competitions is the responsibility of each athlete and their family.

END OF SEASON EVENTS

End-of-season events are an expected part of joining an Elite Team. Classic teams that receive bids may elect to go to end-of-season events

24-25 elite teams receiving At Large or Paid bids to the cheerleading worlds or Summit WILL attend those events

Teams that do not receive summit bids <u>will</u> <u>attend</u> the regional summit. The dates of these events are yet to be announced.



COMMUNICATION:

Here at RXA it is vital that you remain up to date with all gym & team updates. As a parent, you will receive information in several ways.

RXAs main form of communication is through the BAND app. Each Athlete will be assigned to THEIR team only! This app will keep you updated on any closures, changes, and more.

Please make sure you are on the band so you do not miss any vital information that is given out!

PARENT VIEWING:

Our parent viewing room is open for your viewing pleasure but is a privilege and will be treated as such. Please refrain from negative talk about athletes and coaches. Please do not approach any of our coaches or athletes during practice. You can set up a meeting with Hensley or Maddie the gym manager. This should be a place to enjoy and share your athletes experience. NO GOSSIP ALLOWED!

COMPETITION ETIQUETTE:

RXA prides itself on excellent parent dedication and support. It is encouraged that all parents sit together and cheer on our teams at competitions. RXA must show respect to all athletes and teams competing, as well as other parents and coaches.

PARENT POLICIES

ATHLETE / PARENT HANDBOOK:

RXA's Athlete/Parent Handbook contains all of the rules and guidelines for both the athletes and parents that participate on any team at RXA.

It is integral that each family familiarize themselves with these guidelines to avoid any issues throughout the season.

DISCIPLINE:

1st Violation- A meeting with the athlete defining the problem.
2nd Violation- A meeting with the athlete and the parents.
3rd Violation- The athlete may be removed from the team or the entire program.

RXA reserves the right to remove athletes from the program for serious violations of our rules and expectations including but not limited to bullying, substance abuse, social media conduct, and toxic behaviors.

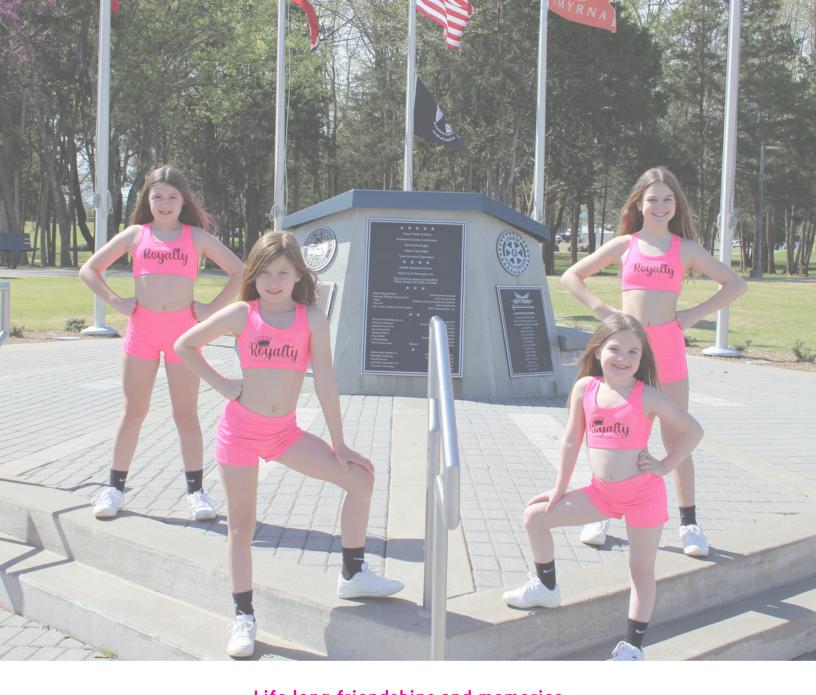
FUNDRAISING:

RXA offers individual fundraisers where all credits will be credited directly to the athletes' account. The offered fundraisers involve extra work outside of cheer but has historically helped athletes struggling with costs.

Any surplus in fundraising credits can be applied to Classes, Teams, and Merchandise. Refund checks will <u>not</u> be issued in the event of a surplus.

TRADEMARK NOTICE:

The logo of Royalty Xtreme belongs to the owners of the program. Recreation or selling of the RXA logo is not permitted. This includes but is not limited to; team names and any likeness to the logo, affiliation, and or program without the permission of Royalty Xtreme Athletics!.



Life long friendships and memories JOIN THE RXA FAMILY TODAY

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